

TOGETHER, WE CAN BUILD WELLNESS



BTEA
NORTHEAST

RECOVERY
WEEK

Please join us for the 4th Annual BTEA Building Trades Recovery Week. We remain committed to bringing our industry together to combat substance use disorder, improve mental health, and break through the stigma. Events are held from **April 29 to May 3, 2024.**

MONDAY, APRIL 29

Opening Night

3:30PM to 5:30PM

Iron Workers Local 7
195 Old Colony Avenue
Boston, MA 02127

Learn more about the work being done to combat this crisis, resources available and hear from special guest speakers on recovery journeys.

GUEST SPEAKERS INCLUDE

Sugar Ray Leonard
Legendary Boxer

Darren Waller
NFL Tight End

Shawn Nehiley
General Vice President, Iron Workers
International

Thomas S. Gunning
Executive Director, BTEA Northeast



Visit [BTEA.com/RecoveryWeek](https://www.btea.com/RecoveryWeek) for more events and info.



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Thomas S. Gunning, Executive Director, BTEA Northeast

BTEA.COM/EVENT/OPENING-NIGHT

TUESDAY, APRIL 30

11:30AM - 2:30PM

Life Time Fitness
186 Middlesex Turnpike
Burlington, MA 01803

Women's Wellness

All women are invited to join us for a keynote by Gail Brenner Nastasia and a yoga/breathwork session with Alex Amorosi. No experience or equipment is necessary.

BTEA.COM/EVENT/WOMENS-WELLNESS

WEDNESDAY, MAY 1

11:30AM - 1:30PM

Omni Boston Hotel at the Seaport
450 Summer Street
Boston, MA 02210

Mental Health Trends in the Workplace

Lori McCarthy, Herren Wellness Executive Director and Partner, will shine a light on all of the ways we can create a culture of care through the language we use, actions we take and support we provide.

BTEA.COM/EVENT/MENTAL-HEALTH-TRENDS

THURSDAY, MAY 2

8:00AM - 2:00PM

Residence Inn by Marriott
180 Forbes Road
Braintree, MA 02184

Narcan, First-Aid, CPR & AED Training

This course is taught in a dynamic and hands-on way with industry-leading curriculum and content from the experts in occupational first aid training.

BTEA.COM/EVENT/NARCAN-FIRST-AID-CPR-AED-TRAINING

FRIDAY, MAY 3

9:00AM - 10:00AM

L5 Project
45 Boston Wharf Road,
Boston, MA 02210

Standdown in collaboration with Turner Construction and WS Development

We will honor all those who have lost their life to the substance use disorder and mental health crisis. Matthew Slater, legendary New England Patriots special teamer will address the crowd as part of the standdown.